

Students, faculty or staff who WERE EXPOSED should follow the CDC and IDPH recommended quarantine period which is as follows.

Were exposed to COVID-19 and are NOT [up-to-date](#) on COVID-19 vaccinations ([up-to-date](#) COVID-19 vaccinations would be having received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people)

- Students, faculty or staff who test positive for COVID-19 or have been exposed to someone with COVID-19 are to text 618-468-6818 to report the exposure to the COVID contact tracer team.

Quarantine for at least 5 days

- Stay home and [quarantine](#) for at least 5 full days.
 - Students, faculty or staff should NOT return to campus until they are cleared to do so by the college's COVID contact tracer team. The contact tracer team will be following the CDC and IDPH recommendations and guidelines to determine when staff or students can return to campus.
- Wear a [well-fitted mask](#) if you must be around others in your home.
- Get tested
 - Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19.
 - Accepted COVID-19 test include the following:
 - SHIELD testing provided on campus can be utilized if no symptoms are present
 - Any PCR test completed at an onsite clinic with proper documentation sent to the secure COVID tracer line at 618-468-6818

After quarantine

- Watch for symptoms for a full 10 days after you last had close contact with someone with COVID-19.
- If you develop symptoms
 - [Isolate](#) immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.
- Take precautions for 10 days
- Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.
- Avoid travel
- Avoid being around people who are at high risk

Were exposed to COVID-19 and are [up-to-date](#) with vaccination OR had confirmed COVID-19 within the past 90 days (you tested positive using a viral test) ([up-to-date](#) COVID-19 vaccinations would be having received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people)

- Students, faculty or staff who have been exposed to someone with COVID-19 are to text 618-468-6818 to report the exposure to the COVID contact tracer team.

No quarantine

- You do not need to stay home **unless** you develop symptoms.
- Get tested
 - Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19
 - Accepted COVID-19 test include the following:
 - SHIELD testing provided on campus can be utilized if no symptoms are present
 - Any PCR test completed at an onsite clinic with proper documentation sent to the secure COVID tracer line at 618-468-6818
- Watch for symptoms
 - Watch for symptoms for 10 days after you last had close contact with someone with COVID-19.
- If you develop symptoms
 - [Isolate](#) immediately and get tested. Continue to stay home until you know the results. Wear a [well-fitted mask](#) around others.
- Take precautions through day 10
- Wear a [well-fitted mask](#) for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.
- Avoid travel
- Avoid being around people who are at high risk